# Communication

Every Club needs a dedicated team to enable it to function. The Committee for 2018-19 is

Chairman - Charles Jackman Secretary - Amy Holland Membership Secretary - Margaret Crofts Treasurer - Jemma Hampson Communications - Sarah Skelton Head Coach & Mens Representative - Dave Gee Kit Secretary - Sandra Wilson Welfare Officer - Rachael Milner Umpire Coordinator - Keiry Horne Junior Coordinator - Rebecca Worthington Social Secretaries - Fran Summers, Georgie Brumwell, Hannah Crawshay, Megan Coar, Arianna Lowry-Iddon, Caitlin Ball

The Committee meet regularly. The Club AGM is held at the end of each season. We do expect all players to attend. It's a review of the season on and off the pitch and gives everyone the opportunity to understand our plans and contribute to key decisions.

# **PARENTS / CARERS**

We encourage your support on the sideline. We also appreciate any help. Some parents have gone on to umpire and coach from no prior knowledge so if you can't play but would like to be involved then please get in touch. We'd love to hear from you. We're looking out for match reporters!

Our website and email are our primary channels and are used to cascade the latest news and essential Club information e.g. documents and policies, including membership forms, to all members who are registered. A weekly update from our Pitchero hosted website will be provided if the website has been updated that week. We also have a notice board up at training when the weather permits.

WhatsApp - each team has a group, mainly to help Captains coordinate availability or inform players of late match changes or cancellations due to weather. Under 16s can be substituted for parents.

# BE SOCIAL

If you do 'do social' we'd like players and parents to engage with us so comment, like, share, tweet and re-tweet. As well as joining in, this helps us to maintain our visibility and frequency in feeds. We ask users to behave responsibly on any Club platform.



Public page aimed at supporters Closed Group for Club Members only Search 'Garstang Hockey Club Members' & join



egarstanghockey



garstanghockey

#### Other useful websites

www.fixtureslive.com (League results/tables) www.barringtonsports.com (kit supplier - sticks, astros etc)

www.teamreb.com (mental health support) www.jercoachingacademy.com Both run by Garstang Hockey players

# Welcome to **Garstang Hockey Club**







Raise free funds for us every time you shop online

amazon.co.uk John Lewis ebay M&S Bollen [1]

Sainsbury's OSOS Viking moonpig JUST EAT





Booking.com DEBENHAMS NOXL SCREWEIX

contribute to the running and development of the Club for all players and officials

uses/garstanghc/

All monies raised

Register for our cause at

easyfundraising.org.uk/ca





www.garstangladieshockeyclub.com garstanghockeyclub@gmail.com

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YOUR GUIDE TO **ALL THINGS RED** 

Founded 1958

About us Join us



Founded in 1958 and based at Garstang Community Academy (satnav: PR3 1YE), we offer a range of playing options as below. From 2018, we welcome boys and men meaning we are accessible to all members of the family.

Our ethos is to provide a safe and welcoming environment with player pathways for all ages, abilities and commitment literally aged 7 to 107!

#### **PLAYING OPTIONS**

#### Competitive

Senior Ladies League hockey (aged 13+)

lsts North League Div 2 NW (Regional Level), 2nds Premier Division 3rds 2nd Division, 4ths 3rd Division (all Lancashire Central League)

Senior Mens League hockey (aged 13+)

Intend to play friendlies in 2018/19 and join the League in 2019/20

Junior League hockey (U13 & U15)

Played at UCLan. Usually 4 weeks before Christmas & 4 weeks after.

# Social (No League)

Back 2 Hockey / New 2 Hockey - relaxed, fun and social Satellite Club (funding dependent) - indoor fun for 11-25s Walking Hockey (looking to introduce)

# **MATCH DAY**

The regular season is August to April with pre-season friendlies and a 'ClubFest/Club Day' to kick start the league campaigns which begin late September

Matches are played on Saturdays

We also enter teams 'off season' in to midweek evening Summer Leagues

#### **TRAINING**

Starts early August

Tuesday, 6-7pm, Mens (aged 13+)

Tuesday, 6-7pm, Satellite Club (aged 11-25)

Tuesday, 8-9pm, Back2Hockey/New2Hockey (Ladies)

Thursday, 6-9pm, Ladies (aged 13+)

Sunday, 10-11am, Juniors (boys & girls aged 7-13)

#### **OFF THE PITCH**

We run several social events throughout the year including a Christmas and End of season Presentation. We also encourage teams to socialise after games.

#### MEMBERSHIP PER SEASON

# **Competitive League hockey**

Adults £140 (£120 if paid before first match)
Aged 13-18 £100 (£85 if paid before the first match)

# Other forms of hockey

£20 per season plus £3 per session

Players must register and pay their fee before the first League match (or by their 3rd session)

Payments: Online payment or cheque preferred for yearly subs

# MATCH DAY SUBS

Senior Leagues / friendlies - £5 per game Junior Leagues / friendlies - £3 per game

#### KIT

Match day kit is available from the Kit Secretary. Club shirt, shorts & socks £57

Training kit is available to all members online at www.oneills.com (search Garstang Hockey)

